Dear Brian,

We met yesterday at my place. I wanted to tell you how much better I have felt since then. I guess the silence between us was weighing pretty heavily on me. It's better we didn't let things drift off without saying what we had to say.

I know you feel badly about what happened between us a few weeks ago. Please understand it was the expression of the larger problems between us, that have been building up over time, and that if it wasn't that it would have been something else (not that I am letting you get away with it!) Jokes aside, I just want us both to accept that the episode was not what determined that we had to stop seeing each other. I still struggle to know exactly why all this happened. I think it was what they call "growing pains" more than anything.

We are so close, that I also experience what they call "separation pains." This has been, and might be, a challenging time for me, and seeing you, and hearing from you despite everything, has given me more strength than I expected to face the things I have to do on my own. The meeting was emotional, wasn't it? I hope you came away feeling better too.

Our biggest problem was always communication, and I don't know to be honest, whether the way someone communicates is a matter of their personality, or whether it can change if there is enough good will. Maybe as friends you will learn to communicate with me in a way you couldn't when we were involved. I've said this before, yesterday, so I won't repeat it. I don't want to be guilty of what I fault you for, so I am doing my best to communicate honestly how I feel about what's happened between us in the last few weeks, before too much time passes, and we head into winter.

You know how I feel about the winter here in the city, and it won't be easy heading into it alone - for either of us. You have been a huge source of support over the last years. No matter what was happening between us you were there, and I appreciate that more and more as time goes by.

Thank you.

Tracee